



**sdas**  
southern domestic abuse service

Both older women and men  
can experience domestic abuse.

*Domestic Abuse has no age limit*

Are you **experiencing domestic abuse** or do you know of someone who is? **Would you like to talk to someone in confidence?**

We can offer: **telephone advice, refuge accommodation, one-to-one support and group work to keep you safe.**

**Contact Us On:**

**0330 016 5112**

**East Hampshire 01420 590109**

**Fareham & Gosport 01329 285375**

**Havant 023 9248 0246**



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